



**2024 Womens
Development
Program
Information Pack**



Introduction

Baseball NSW are once again running the Women's Development Program (WDP) for 2024. This female focused, winter high performance program will run over eight weeks from mid-July to early September.

The program will once again be set up in two tiers. There will be the Women's Elite Tier and the Women's Futures Tier. Both programs will run on the same dates out of the same venue but will have separate session plans which will better fit the skill level of the individual players.

The Women's Futures will focus on locking down and improving fundamentals in all aspects such as hitting, all fielding positions and base running, while learning a more in-depth view of the game. The Women's Elite program will focus more on specialised target areas.

Both tiers are great quality and regardless of current skill level it will challenge and give all athletes the best chance to develop and further their game this off season.

Coen Wynne will direct and lead the Women's Development Program and will be assisted by a pool of coaching talent who have experience at multiple levels throughout baseball including state team coaches, NSW Women's League coaches and development coaching staff.

Baseball NSW will conduct the WDP out of Blacktown International Sports Park (Diamond 3) at the same time as the other elite programs, creating a hub of high-level baseball development.

Address Blacktown International Sports Park
81 Eastern Rd
Rooty Hill, 2766.



Trials

The trials for the Women's Development Program will be held at:

Diamond 2, Blacktown International Sports Park (BISP),
81 Eastern Road, Rooty Hill, 2766

Trial dates will be:

Tuesday 25th June

Thursday 27th June (if required)

Trials will begin at **6:00pm**

What to wear and bring to the trials:

- Baseball pants
- Any Baseball top (Jersey / warm up / practice)
- Cap / Hat
- Cleats / Baseball Shoes
- Joggers / Turfs (no cleats in cages)
- Jacket
- Water bottle
- Baseball Equipment (Glove, Bat, Helmet, etc.)

Age Eligibility

There is no age range for the WDP, however all athletes must have birth dates in or before 2011.

Training Dates

The actual training dates of the Womens Development Program will be:

July

Tuesdays 23, 30

Thursdays 25

August

Tuesdays 6, 13, 20, 27

Thursdays 1, 8, 15, 22, 28

September

Tuesdays 3, 10

Thursdays 5, 12

Each night the hours of training will be **6:30pm to 8:30pm**



Cost

Baseball NSW wish to inform that the cost of the program will be \$250, including the uniform pack and additional admin fees. We have aimed to keep the cost as low as possible, by subsidising program fees. Ensuring the Women's Program is accessible to many of our female athletes assists our initiative to grow women's development and participation in the game of baseball.

If you would like to register for the Women's Development Program then please [click here](#) and fill out the form.

Registrations close at 11:59 pm Sunday the 23rd of June.

